



Making Lives Better

WHAT'S BEEN HAPPENING

Dr. Anthony Ndungu

We are so incredibly proud of our CEO, Anthony for recently earning his Doctorate in Leadership. Dr. Ndungu continues to achieve his mission in “Making Lives Better”. His accomplishments and leadership bring such a deeper meaning in how we care for our patients, families, and our community. Thank you so much for your leadership!



“We hope
your
holidays
were extra
special,”
says the
Grinch.



Past Events

Veterans Day Parade 2025

Our amazing team was out at the Veterans Day Parade, to honor and support our Veterans. HHHOK is proud to be one of the sponsors of the Veterans Day Parade. We love our Veterans and do our very best to support them in every way. As a Level 4 “We Honor Veterans” provider, we are deeply committed to caring for our Veterans.



Kansas State Capitol

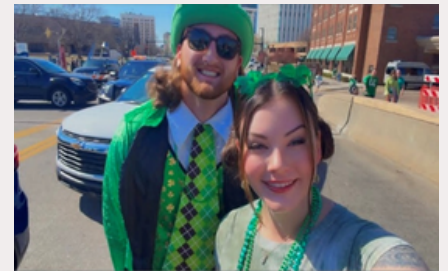
Supporting our Veterans is a mission we believe in and consistently enjoy to do. We had the honor of being invited to the Kansas State Capitol by Governor Laura Kelly in appreciation of our continuous work in support of our Veterans in our community.



St. Patrick's Day Parade.

Every year we have a blast participating in one of Wichita's biggest parades. All decked out in festive gear spreading joy and lucky charms. What is St. Patrick's Day you might ask?

“Patrick's Day is the feast of St. Patrick, a patron saint of Ireland. Originally celebrated with religious feasts and services. This day became a secular celebration of Irish culture when it reached the USA alongside Irish immigrants.”
(<https://www.google.com/search?>)

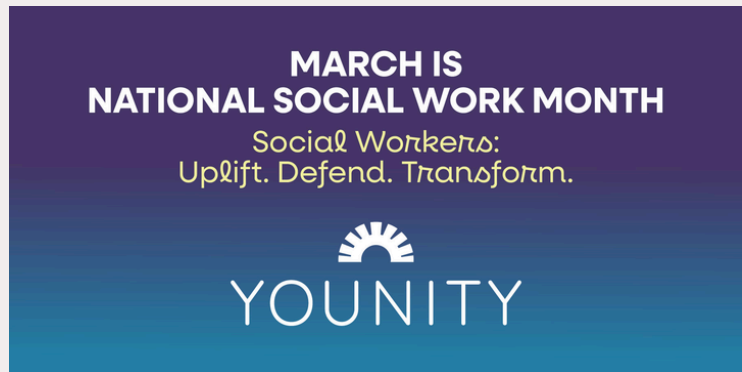


Present and Future Events

WHAT'S HAPPENING

Social Work

March is social worker month. Our social work department goes above and beyond for our patients and families, and provide the upmost compassion and care. Thank you Shannan, for a job well done. You have all of the superpowers!



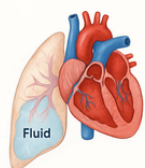
February is National Heart Month

What is Congestive Heart Failure (CHF)?

CHF is a chronic condition in which the heart doesn't pump blood as well as it should.

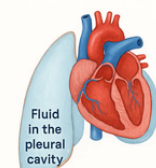
Heart Failure can occur if the heart cannot pump (systolic) or fill (diastolic) adequately. Symptoms include shortness of breath, fatigue, swollen legs, and rapid heartbeat. CHF is not curable, but with early detection, medical treatment, proper diet and medication, and lifestyle changes, may help improve your quality of life.

Left-Sided CHF



- Thickened walls of the left ventricle
- Fluid backs up into the lungs

Right-Sided CHF



- Fluid in the pleural cavity
- Fluid backs up in the abdomen or limbs



- Volunteer Appreciation Week 4/19-4/25
- Spring Fling 4/30
- Nurses Week 5/6-5/12
- Riverfest Parade 5/29
- Dementia Conference 6/4
- Aide Week 6/11-6/17
- War Chat Room - 2nd Wednesday of the month
- Lima Charlie Vet Cafe' - 4th Thursday of the month

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Sponsored by
Home Health & Hospice of Kansas
Village Inn 1685 S. Rock Rd. Wichita, KS 67207

LIMA CHARLIE VET CAFÉ

Please join us for coffee/drink & a piece of pie. A place to socialize & share your stories.
(The 4th Thursday of every month)
January through October 2026
1:30-2:30pm
WiFi available in February 2026

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War Room Chat

2nd Wednesday of every month.
Time: 6pm to 7pm
Location: American Legion Post 4

Date	Event	Speakers
January 14th	Advanced Directives	Jamie Wickey (Social Work) & Catholic Care Center
February 12th	Heart Health	Dr. Leifer, Primary Care Associates
March 13th	Skin Care	Total Wound Care
April 8th	Protecting Yourself from Scammers	Wichita Police Department
May 13th	Hospice Myths	Home Health and Hospice of Kansas
June 10th	Care Giver Fatigue & Community Resources	OPAAA
July 8th	Legal & Financial Planning	Doug Cox, Legacy Legal
August 12th	Keeping Active	YMCA
September 9th	Medical Equipment and More	VA Representative
October 14th	Navigating VA Benefits	Robert Dale VA
November 13th	Hospice 101	Home Health and Hospice of Kansas
December 17th	Battling Depression	JD Barker APRN, Psych APRN

Education Sponsored By: Home Health & Hospice of Kansas

Happy Birthday

January

Katie Perry 1/3

Jenni Bedford 1/12

Cynthia Wolford 1/17

Theresa Regier 1/27

Destani Silver 1/29

February

Dana Smith 2/1

Dulce Soto 2/4

Erykah Wolford 2/9

Dashionda Young 2/13

Corie Tarello 2/23

March

Jason Tate 3/4

Sheila Mitchell 3/14

Anthony Ndungu 3/17





Making Lives Better

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Making lives better, together



Just as the branches of a tree
strengthen and grow upwards to the
sky,
we too grow stronger, striving for
greater knowledge, wisdom and new
experiences
as we move through life.
~ Unknown

Home Health & Hospice of Kansas is locally owned and operated by Registered Nurses, and has been in business since 2005. We believe in making every life as meaningful as possible. We value the quality of life as much as quantity. Our mission is dedicated to providing exceptional, high quality and comprehensive services to our clients, families and the community. Our nurses, aides, therapists, social workers, and chaplains are all certified, screened and highly trained to serve our patients with skill and compassion. We offer home health, palliative care and hospice services.

To request information about skilled in-home services, please call our office.

(316) 869-0015.

